



Presented by



With support from:
Oregon Restaurant Association
Chef's Collaborative
Chef de Cuisine Society
Food Alliance
SYSCO Portland
Oregon Food Bank

Yes! We want to Fork It Over! (You can also fill out this form on line at www.ForkItOver.org)

BUSINESS INFORMATION

Business Name _____
Contact Name _____ Title _____
Street Address _____
Mailing Address (if different) _____
City _____ State _____ ZIP _____ Web site _____
Phone _____ FAX _____ Email _____

Type of business

- | | |
|-------------------------------------|--|
| <input type="checkbox"/> Restaurant | <input type="checkbox"/> Grocery Store |
| <input type="checkbox"/> Caterer | <input type="checkbox"/> Institutional kitchen/cafeteria |
| <input type="checkbox"/> Hotel | <input type="checkbox"/> Other _____ |

SETTING UP A DONATION PROGRAM

- We want more information about how to set up a donation program.
- We want to request Fork It Over! materials.
 - Brochures. Quantity: _____
 - Posters designed for use in the kitchen. Quantity: _____ (up to 3)
 - Clear Static Stickers. Quantity: _____ (up to 3)
- We already donate and want to find out how to expand our program.

COMMUNICATING WITH YOU

What is the best way to contact you?

- Phone—what time of day/days of the week? _____
- Email (please provide your email address above)
- Other _____

HOW DID YOU HEAR ABOUT FORK IT OVER?

- | | |
|---|---|
| <input type="checkbox"/> Email | <input type="checkbox"/> News story (where?) _____ |
| <input type="checkbox"/> Web site | <input type="checkbox"/> Advertising (where?) _____ |
| <input type="checkbox"/> Colleague/word of mouth | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Professional Association | |

Thank you! We will be in touch soon!

For additional information please call 503-234-3000 visit www.ForkItOver.org or email info@ForkItOver.org

Return this form to: Fork It Over!/Metro/600 NE Grand/Portland, OR 97232/FAX 503-797-1795
Or visit www.ForkItOver.org for an on-line form.



FORK it OVER!

TO REDUCE HUNGER & WASTE

"This is so easy! All it takes is one phone call!"

- **Gina Fleischner**, Assaggio Restaurant
Fork It Over! Pioneer Donor

It's Safe

Many prepared foods that haven't been served are OK to donate. Good Samaritan laws protect you from liability.

It's Simple

Many food rescue agencies can pick up food; some can supply re-usable containers.

It's the Right Thing to Do

Last year more than 700,000 Oregonians needed emergency food assistance. When you donate, your customers, employees and hungry people all benefit!

"This is a natural extension of our mission in this business—to feed people."

- **Genevieve Lynch**, Whole Foods Market Portland
Fork It Over! Pioneer Donor

Fork It Over! Pioneer Donors:

Restaurants:

- Assaggio Restaurant
- Hot Lips Pizza
- Noodlin'
- Veritable Quandary

Catering Companies:

- Culinary Artistry
- DeAngelo's Catering
- Reedville Catering
- Salvador Molly's

Grocery Stores:

- Food Front Coop. Grocery
- New Seasons Markets
- Whole Foods Market Portland

Institutional kitchens:

- Adventist Medical Center
- Bon Appetit Management Co.
- Willamette Falls Hospital

Hotels:

- Marriott Portland —Downtown on the Waterfront

Join these businesses to help fight hunger!

Make a commitment to donate—Metro will provide you with materials and assistance to help start your program.



METRO

PEOPLE PLACES
OPEN SPACES

SIGN UP NOW!

VISIT: www.ForkItOver.org

CALL: (503) 234-3000

(Limited food rescue is available outside the Metro area. Call 1-800-777-7427)

Your Fork It Over! commitment will be recognized with advertising in the Oregon Restaurant Association's *Main Ingredient* magazine and *The Oregonian's FOODday*.