

## Portland Alameda Ridge and Stairs

Enjoy city views and boost your heart rate climbing hidden public stairways in the lovely Alameda neighborhood. This 4.4-mile loop includes a turnaround block at a 1927 mansion built by lumber baron Thomas Autzen. The walk's many stairs, beautiful homes and great views make it a fun alternative to the stair machine at the gym.

Begin at the post office at NE 50th Avenue and Sandy Boulevard. Turn left on 50th; at the dead-end, climb 43 stairs to Wistaria Drive. Turn right at the top and walk up to the intersection of Alameda and Wistaria. Turn left onto Alameda and then left to walk downhill on Wiberg Lane.

From Wiberg, turn right on Wistaria and walk west to 42nd. Cross to the south side of the street and continue on Wistaria. Cross 39th and continue on Wistaria to 38th, to a set of 78 stairs across from the house at 3041. They take you back up the ridge. At the top, turn left on Alameda; at 38th, turn left onto Klickitat and descend again from the ridge. Cross 33rd at the crosswalk and continue to 30th. Turn right; cross Fremont and climb 95 steps at 3011 Fremont. At the top, turn left onto Alameda Terrace. At Hamblet and 29th, stay west on Alameda Street to the triangular block bounded by Alameda, Hamblet, 26th and 24th.

(continued on page 28)

4.4 miles

9293 steps

|||| difficulty

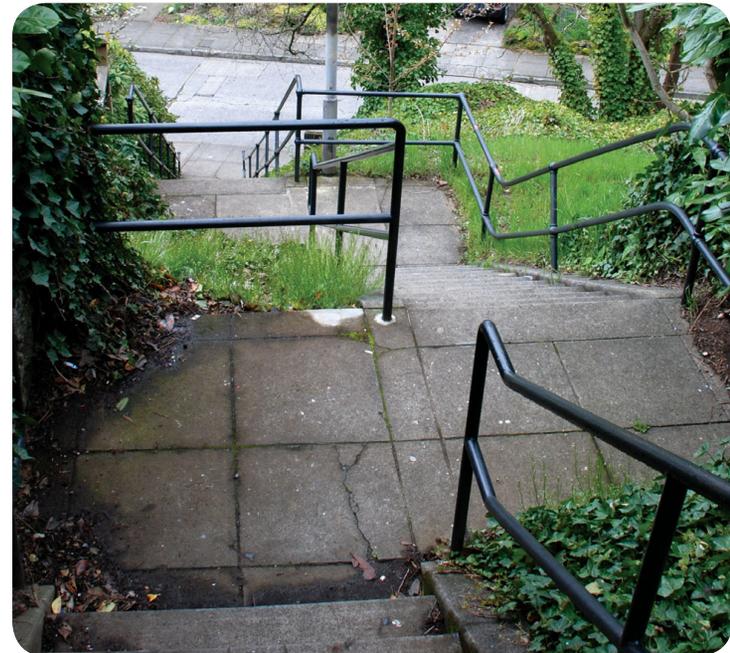
45,539, -122.611

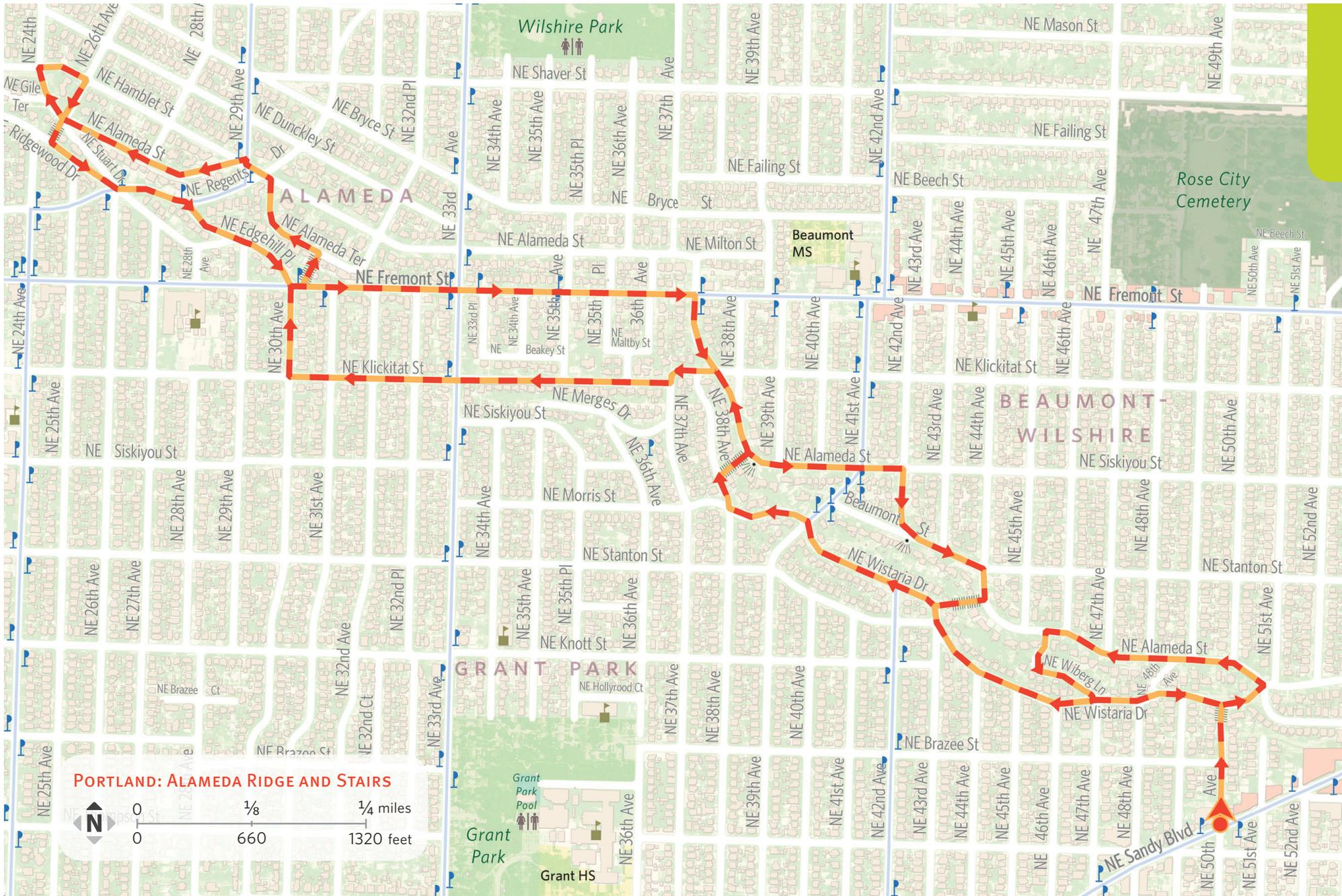
### PORTLAND: ALAMEDA RIDGE AND STAIRS

Return to 26th and Alameda and cross Alameda to Stuart Drive. To the east of 2532 Alameda is a staircase. Descend its 75 steps and turn left on Ridgewood Drive. At 26th, fork left and walk uphill (again!) on Regents Drive. Turn right at Edgehill Place and left on Fremont. Walk east eight blocks and turn right at Alameda. At 41st, cross to the north sidewalk of Alameda, then cross to Siskiyou. Turn right on 42nd to Alameda and then left to continue on Alameda. Between 4438 and 4420 is a 115-step staircase that descends to Wistaria. At the bottom, turn left and walk east. Take another staircase of 30 steps that connects lower Wistaria and 49th Avenue. At the bottom of the steps, turn left and walk to the 43 steps back down to 50th and the starting point.



Staircase off Alameda





**PORTLAND: ALAMEDA RIDGE AND STAIRS**

