



## Addendum One / RFP 13-2315

### **RFP 13-2315 MEDICAL MONITORING & PHYSICAL CAPACITY TESTING**

The following question was submitted on this solicitation. In the interest of fairness, this information is being provided to all interested proposers.

**Q:** How Many employees and of the total how many of them would do essential functions testing?

**A:** Metro employees in excess of 1500 personnel per year (including full, part-time, temporary and seasonal workers). Currently, tests are performed for Facility Security Agents and Relief on-call Security Agents. For proposal purposes, provide a cost for services based on approximately 60 tests per year.

**Q:** Do all the locations need the exams or just certain locations and positions?

**A:** Not all locations and positions undergo testing. Currently, tests are performed for Facility Security Agents and Relief on-call Security Agents. For proposal purposes, provide a cost for services based on approximately 60 tests per year.

**Q:** What do you presently have in place?

**A:** **A. Treadmill Endurance Test - walk on the treadmill 1 mile in 20 minutes at 3.5 + mph.**

**B. Flexibility Test - Squat down onto heels and hold 3 seconds, then stand up with arms stretched overhead on tip toes and hold 3 seconds X 5 reps.**

**C. Treadmill Speed Test - Jog or run on the treadmill 1215 feet (0.23 miles) in 3 minutes at 5.0 + mph. (If necessary, client can take test 2 x to pass)**

**D. Step Test - Level 1, metronome 68. Level 2, metronome 104. Must complete 3 minutes at each level to pass.**

**E. Drag Test - Drag 150# bag 20 feet.  
(all tests are pass/fail)**

**Q:** How long has it been since you have looked at the testing?

**A:** The physical capacity testing criteria is assessed every two years.

**Q:** Are your job descriptions up to date?

**A:** Yes

**Q:** You do not indicate in the RFP that you are interested in a hearing conservation program however you do have it in the pricing. Can you tell me whether this is a service that we need to address in the RFP and could you give me a little more information?

**A:** We have approximately 75 individuals who participate in various hearing conservation programs. Each employee would need an annual audiogram with corresponding results evaluation and employer notification of changes based on the employees baseline audiogram.

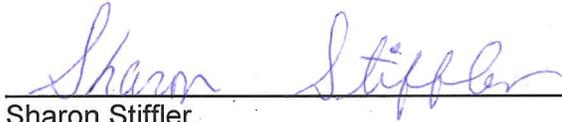
**Q:** How many jobs do you do physical capacity testing for?

**A:** We currently do physical capacity testing for 2 job positions; Facility Security Agent and Relief on-call Security Agent. Metro is considering expanding the scope of the physical capacity testing to include an additional job position, for a total of 3.

Q: How long ago were the demands of the job reviewed for accuracy?

A: Job demands are currently up-to-date.

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