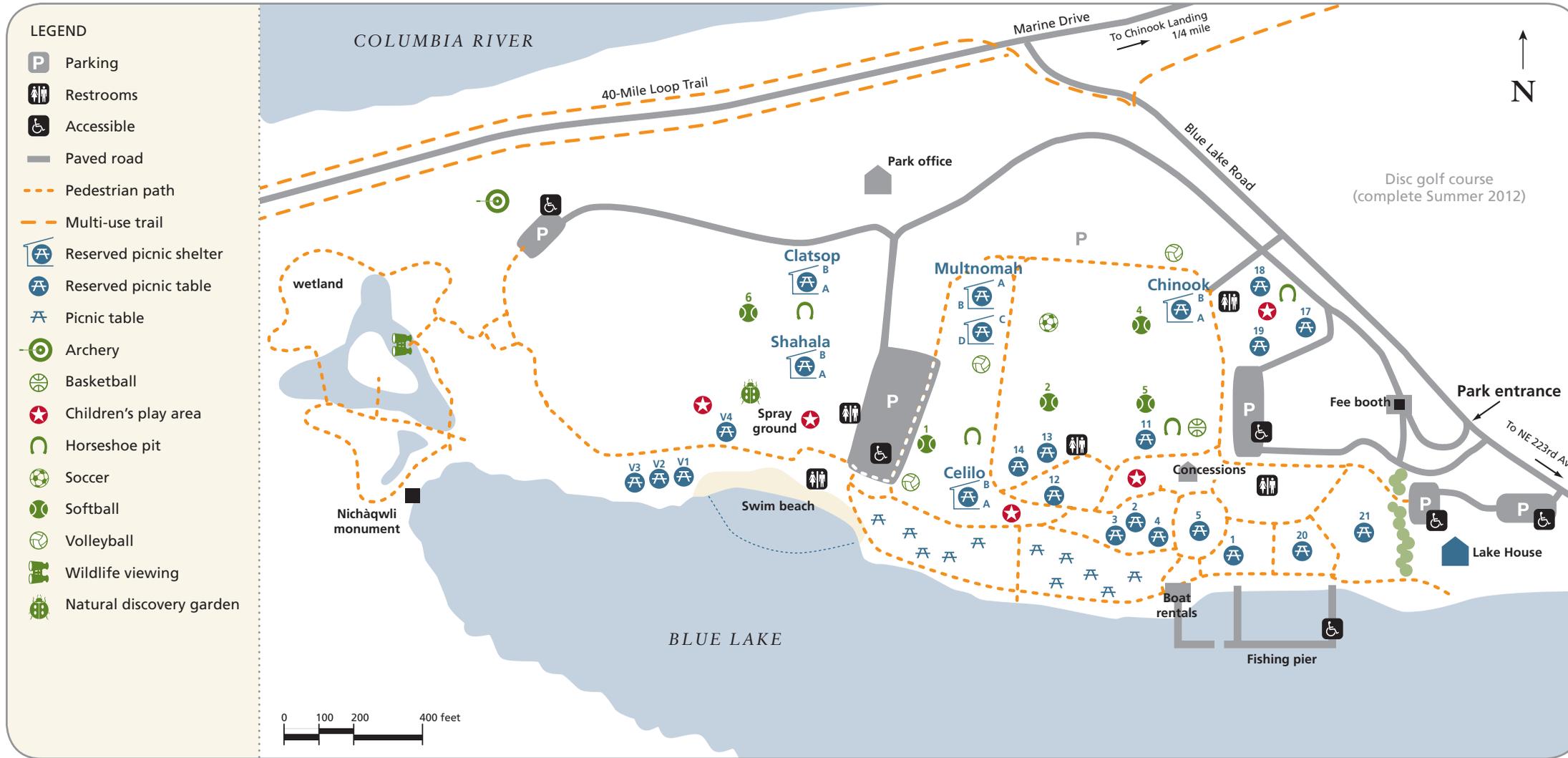


# Blue Lake Regional Park



**No smoking**  
Beginning July 2012, Blue Lake Regional Park will restrict the use of tobacco products in designated areas. The new policy is a part of larger efforts at Metro to keep outdoor spaces clean and to protect children, fish and wildlife.



[www.oregonmetro.gov/connect](http://www.oregonmetro.gov/connect)  
Help shape the future of the region by joining Opt In, Metro's online opinion panel. You'll be entered into drawings to win gift cards.

## Park guidelines

- Reservations are necessary for picnic shelter areas and for groups of 25 or more; call 503-665-4995.
- Pets are not allowed in any of Metro's parks or natural areas in order to protect wildlife.
- Fishing is regulated by Oregon state laws. Children under 13 can fish without a license.
- Privately owned watercraft (14 ft. and 3 HP max.) are allowed on the lake between Oct. 1 and April 30 for angling only.

- Alcohol, music and amplified sound is permitted only in designated areas with a park-issued permit and paid reservation.
- Campfires are not permitted. Barbecues are provided for cooking at designated picnic areas.
- Metal detectors, firearms (including BB guns) and personal fireworks are prohibited.
- Please do not disturb or remove the landscaped plants and trees or any flowers in the park or the demonstration garden.

## Swimming guidelines

- Swimming is only allowed at the swim beach.
- Swim at your own risk; no lifeguards are present.
- Life vests and personal flotation devices are recommended. Never swim alone.
- Be aware that the shallow water in Blue Lake deepens quickly.
- Children under the age of five are not allowed in the lake.
- Outdoor swimming in cold water saps body heat. Test the temperature and wade in slowly. Maintain constant supervision of children.
- Most importantly, if you feel uncomfortable in a specific area, trust your instincts and get out of the water.

[www.oregonmetro.gov/bluelake](http://www.oregonmetro.gov/bluelake)  
For more information, visit Metro's website or call 503-665-4995.